Compare quick care options to help keep costs down.

Call 911 or go to an emergency room (ER) if you have a life-threatening condition. For everything else, see your primary care physician (PCP) or family doctor first. If seeing your PCP isn't possible, it's important to know your quick care options, especially before heading to an ER.

Quick Care Options

	START HERE PCP	**Virtual Visits**	**Urgent Care**	**ER** Emergency Room
	Care from the doctor who knows you best.	See a doctor whenever, wherever.	Serious conditions that aren't life-threatening.	Life- and limb-threatening emergencies.

✔ indicates the recommended place for care for the following common conditions:

	PCP	Virtual Visits	Urgent Care	Emergency Room
Broken bone			✔	✔
Chest pain				✔
Cough	✔	✔	✔	
Fever	✔	✔	✔	✔
Muscle strain	✔		✔	
Pinkeye	✔	✔	✔	
Shortness of breath				✔
Sinus problems	✔	✔	✔	
Sore throat	✔	✔	✔	
Sprain	✔		✔	
Urinary tract infection	✔	✔	✔	

Need assistance finding an in-network provider or urgent care?

UnitedHealthcare HMO members can contact member services at 877-630-5898 or contact their Primary Care Physician's office for their medical group's urgent care locations.

Aetna HDHP members can contact member services at 877-869-4077 or visit aetna.com.

*Flyer by UnitedHealthcare with edits by Getty Human Resources